

PRM 220 Recreation & Leisure Philosophy Assignment



Read directions very carefully and review the rubric before starting to write; they tell you exactly what I want!

*Objective: This assignment is meant to **test** your ability **think critically** about theoretical **leisure concepts** covered in all of the modules up to this point. Describe your **personal** and **professional** philosophy of leisure while practicing APA style and integrating concepts from all modules we have covered so far.*

Part I: Personal Philosophy

The **personal philosophy** must include basic philosophical constructs (Idealism, Humanism, Realism, etc.), and your own recreation and leisure values. It is uncommon to adhere to only one philosophy, so describe how you integrate a variety of philosophies in your approach to leisure—**at least two**. **Go to the bottom of the Module 3** reading for some tips for clarifying philosophical concepts. Also, try to incorporate leisure motivation theories from module 2 that match with your philosophical stance.

Tips:

- Draw parallels between your recreational experiences and philosophical concepts and explain how they relate by doing the following for each chosen philosophy:
 1. Explain your real life recreational examples, tendencies, and habits.
 2. Define the philosophy that resonates with you.
 3. Explain how your real life example fits the definition of that philosophy.
 4. Identify what benefits you gain and how that fits the philosophy you chose.
- Be sure to cite the authors when using their concepts

Part II:

The **professional philosophy** should discuss what you think the roles of recreation and leisure services play for other individuals, groups, communities, and society as a whole. It should identify the benefits of recreation and leisure for individuals, groups, communities, and society. **Go to the Module 2 (leisure motivations)** reading to access the wide variety of recreational benefits and see which ones resonate with your views—choose **at least two**.

Tips:

- Draw parallels between social needs and leisure benefits and explain how they relate by doing the following for each benefit that resonates with your values:
 1. Identify the leisure benefit and define it.
 2. Identify a social issue that this benefit corresponds to in today's society (example: obesity)
 3. Now, simply explain how your chosen leisure benefit addresses or attends to that social issue.
- Be sure to cite the authors when using their concepts

Formatting:

The paper must be a minimum of 500 words and adhere to all APA formatting. Be sure to include your complete references ([APA guidelines](#)) at the end of the paper. Refer to the assignment rubric in Bb Learn for more clarification.



For ALL PRM majors, this assignment should be saved and placed in your [PRM Professional Portfolio](#).